



Irish Set - Dance  
Obergruna Sachsen

# Sliabh Luachra Set

## Figure 1 Chain (Polka 160)



All	Body
Top Ladies	Chain, 2 turn around opp.Gent, rH back, Swing
All	Body
Sides Ladies	Chain, Swing
All	Body
Tops and Sides	repeat Chain, Swing, Body
All	House



[Back](#)



# Sliabh Luachra Set

## Figure 2 Show the Lady (Polka 160)



All

Body

1. Top

House

Show the Lady (Slidestep in & out in open waltz hold) (4) dance at home (4)



All

Body

1. Side

House

Show the Lady, dance at home

All

Body

2. Top, 2. Side

repeat

All

Body

All

House





# Sliabh Luachra Set

## Figure 3 Slide in/out, house (Jigs 160)



All	Body	16
Tops	2x (Slide in/out, 1/2 House)	16
All	Body	16
Sides	2x (Slide in/out, 1/2 House)	16
All	Body	16
Tops and Sides repeat Slide in/out, Body		64
All	House	8







# Sliabh Luachra Set

## Figure 4 Ladies Star (Polka 88)



	<b>All</b>	<b>Lead around, crossed hands, <math>\frac{3}{4}</math> way</b>	<b>8</b>
	<b>Ladies</b>	<b>Turn the Lady to next Pos. IH in IH (4x)</b>	<b>8</b>
	<b>Ladies</b>	<b>rHStar to opp.Gents, 2 turns elbow</b>	<b>8</b>
	<b>Ladies</b>	<b>rHStar home</b>	<b>4</b>
	<b>All</b>	<b>Swing</b>	<b>4</b>
	<b>All</b>	<b>repeat:</b>	
		<b>Lead around, Turns, Star, Swing</b>	<b>32</b>
	<b>All</b>	<b>Lead around, Turn the Lady</b>	<b>16</b>





# Sliabh Luachra Set

## Figure 5 Slide / House

(Slide 232)



**Tops**

**House**

**8**

**Slide & Change**

**16**

**House**

**8**

**Slide & Change**

**16**

**House**

**8**

**Sides**

**repeat**

**56**

**Tops**

**repeat**

**56**

**Sides**

**repeat**

**56**





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## Figure 6

### (Hornpipe 160)



All Body 16

All House 8



All Circle, A&R (1x), Ladies 2 turns right Gent 8

All repeat till home 3 x 32

All Body, House 24

