



# Connemara Reel Set

## Figur 1 (Reel 160)



### 1. Side right from 1. Top; Ceili-hold, face your partner and step it out before Swing



**All**      Lead around (crossed hands), Turn under, Lead back (6 bars),  
Swing (6 bars), step it out facing into Set (2 bars)



<b>Tops</b>	<b>A&amp;R (crossed hands), House, Swing</b>
<b>Sides</b>	<b>repeat (A&amp;R, House, Swing)</b>
<b>Tops</b>	<b>Ladies Chain (Gents turn Ladies under than turns back clockwise), Swing</b>
<b>Sides</b>	<b>repeat (Ladies Chain, Swing)</b>
<b>Tops</b>	<b>repeat (A&amp;R, House, Swing)</b>
<b>Sides</b>	<b>repeat (A&amp;R, House)</b>
<b>All</b>	<b>Swing</b>





# Connemara Reel Set

## Figur 2 (Reels 192)



All	Lead around, Lead back, Swing	
1. Top	Gent back to back with 2. Top Lady in centre step it out (2 bars), Swing (6 bars), back home	(6 bars) (2 Bars)
Tops	A&R, House, Swing	
1. Side	Gent repeat (btb with 2. Side Lady, Swing)	
Sides	A&R, House, Swing	
2. Top	Gent repeat (btb with 1. Top Lady, Swing)	
Tops	A&R, House, Swing	
2. Side	Gent repeat (btb with 1. Side Lady)	
All	Swing	





# Connemara Reel Set

## Figur 3 (Reels 184)



All  
1. Top



Tops  
Top Ladies  
1. Side  
2. Top  
2. Side  
All

Circle, A&R (2 bars face partner, step it out), Swing  
1x A&R (Gents arm around waist, Ladys hand on shoulder  
advance, face partner, step it out (8 bars)  
Swing in centre, 2. Tops dance into centre (8 bars)  
little Christmas (6 bars), back home (2 bars)  
Chain (turn under, Gents iUZ), step it out, Swing  
repeat (A&R, Swing, Christmas, Ladies Chain, Swing)  
repeat (A&R, Swing, Christmas, Ladies Chain, Swing)  
repeat (A&R, Swing, Christmas, Ladies Chain)  
Swing





Irish Set - Dance  
Obergruna Sachsen

# Connemara Reel Set Figur 4 (Polka 96)



All

Circle, A&R, dance at home



Circle, 1 x A&R, advance, Ladies retire with Gent right  
dance at home with new partners

Circle, 1 x A&R, advance .... repeat till own partner  
dance at home

Swing, step it out to finish

